

Number \_\_\_\_\_

Partner's Number \_\_\_\_\_

### QUESTIONS FOR SPINAL CORD INJURED

All information supplied by you on this form will be held strictly confidential, and used only for a statistical study. Our aim is to act as a clearing house for information for which many of you have expressed a need, as have physicians and other professionals to whom you have applied for help and advice. It is an opportunity for you to assist your fellow spinal cord injured individuals, their friends and families and those who counsel with them, by letting them know your feelings and how you have dealt and are dealing with your own sexuality. Probably the results will be especially helpful to newly injured people and their partners, but also of benefit to those injured long ago.

We greatly appreciate your participation, and pledge to you that the results will be made available to you just as soon as we can do so.

There are separate forms for the spinal cord injured and non-spinal cord injured (though not necessarily able bodied) partners. These should be filled out separately and confidentially.

Please return this form to Dr. Lois Perkins, Department of Anatomy, Indiana University Medical Center, Indianapolis, Indiana 46202. Please make a note of the number at the top of this page, and keep it to be used as the only needed identification on a tape, should you wish to participate in a taping session later. If your partner is also replying please add his or her number in the space provided.

Date \_\_\_\_\_

Age \_\_\_\_\_

Sex: Male \_\_\_ Female \_\_\_

What is your religion? \_\_\_\_\_

Would you say that you are:

Very religious \_\_\_\_\_

Moderately religious \_\_\_\_\_

Slightly religious \_\_\_\_\_

Not religious \_\_\_\_\_

How far did you go in school? \_\_\_\_\_

Have you had additional vocational training? Yes \_\_\_ No \_\_\_

If yes, what sort? \_\_\_\_\_

\_\_\_\_\_

What was your main job or occupation before your injury? \_\_\_\_\_

What is your present job or occupation? \_\_\_\_\_

Are you in school now? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, what kind? High school \_\_\_\_\_ College \_\_\_\_\_ Vocational \_\_\_\_\_

Other \_\_\_\_\_

What is your scholastic goal? \_\_\_\_\_

Where are you now living? Home \_\_\_\_\_ Hospital \_\_\_\_\_ Rehab Center \_\_\_\_\_

Nursing Home \_\_\_\_\_ Other \_\_\_\_\_

In terms of money would you say you are:

In financial trouble \_\_\_\_\_

Just making ends meet \_\_\_\_\_

Making ends meet with a little left over \_\_\_\_\_

Meeting all your needs and saving some, too \_\_\_\_\_

Again in terms of money, are you:

Worse off now than before your injury \_\_\_\_\_

Better off now \_\_\_\_\_

About the same \_\_\_\_\_

What was the date of your injury? Year \_\_\_\_\_ Month \_\_\_\_\_

How did it happen? \_\_\_\_\_

Are you a veteran of the armed services? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, is your injury service-connected? Yes \_\_\_\_\_ No \_\_\_\_\_

Where is the level of your injury? If you don't know in numbers, please describe where the level of normal sensation changes. \_\_\_\_\_

For Quads. Is your biceps strength (elbow bending) normal \_\_\_\_\_  
some \_\_\_\_\_ none \_\_\_\_\_

Is your hand function normal \_\_\_\_\_ some \_\_\_\_\_ none \_\_\_\_\_

Is your spinal cord completely severed (no sensation or voluntary movement)?  
\_\_\_\_\_ Partially severed or damaged \_\_\_\_\_ don't know \_\_\_\_\_

Is your paralysis of the spastic type (muscles working without your will)?  
\_\_\_\_\_ or the limp flaccid type \_\_\_\_\_. If spastic, are the movements  
mainly extension (straightening) or flexion (bending) \_\_\_\_\_ or both,  
about equally \_\_\_\_\_

Do these movements interfere with your sexual activities? Yes \_\_\_\_\_ No \_\_\_\_\_

Have you any sensation (feeling) below your level of injury? Yes \_\_\_\_\_  
No \_\_\_\_\_. If yes, where? \_\_\_\_\_

What kind? Pain \_\_\_\_\_ Hot and cold \_\_\_\_\_ Pressure \_\_\_\_\_ Light  
touch \_\_\_\_\_ Pinprick \_\_\_\_\_

Have you any muscle control below your level of injury? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, where and how much? \_\_\_\_\_

Does your bladder: Fill up and then empty itself automatically (reflex,  
spastic or autonomous bladder) \_\_\_\_\_. Fill up and then leak or dribble  
instead of completely emptying itself \_\_\_\_\_. Or some other way \_\_\_\_\_

Have you had any injection into the bladder area? Yes \_\_\_\_\_ No \_\_\_\_\_

Don't know \_\_\_\_\_. Have you had an operation on the bladder? Yes \_\_\_\_\_

No \_\_\_\_\_ Don't know \_\_\_\_\_. Have you had infection of the urethra (the

tube through which the urine passes)? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_

If yes how many times \_\_\_\_\_.

Have you had an operation on your spinal cord or nerves to relieve spasticity (unwanted movements)? Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_.

Have you had an injection into your back to relieve spasticity?

Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_.

Have you had pressure sores (bed sores)? Yes \_\_\_\_\_ No \_\_\_\_\_. If yes,

how many times \_\_\_\_\_. Where? \_\_\_\_\_

Did they happen when you were: First in the hospital \_\_\_\_\_ After

you left the hospital \_\_\_\_\_ On later occasions in the hospital \_\_\_\_\_

Have you any now? Yes \_\_\_\_\_ No \_\_\_\_\_. Have they interfered with your

sexual activities? \_\_\_\_\_. Are you currently taking drugs or

other medications? Yes \_\_\_\_\_ No \_\_\_\_\_. Have you done so in the past

Yes \_\_\_\_\_ No \_\_\_\_\_. What kind and how much? \_\_\_\_\_

Do you feel this has had any effect on your sexual activity? Yes \_\_\_\_\_

No \_\_\_\_\_ Uncertain \_\_\_\_\_. If yes, in what way \_\_\_\_\_

For males. Do you ever have the feeling that your penis is erect when it really is not? Yes \_\_\_\_\_ No \_\_\_\_\_.

Have you had a sperm count? Yes \_\_\_\_\_ No \_\_\_\_\_. If yes, please give

approximate date \_\_\_\_\_. What did it show? \_\_\_\_\_

At present, are you: Married \_\_\_\_\_ Widowed \_\_\_\_\_ Separated \_\_\_\_\_

Divorced \_\_\_\_\_ Single \_\_\_\_\_. If ever married, how many times? \_\_\_\_\_

How old were you the first time you married? \_\_\_\_\_ How old were you the



What was your reaction to this treatment? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

II.

For the following statements we want you to tell us if you strongly agree (SA), agree (A), are uncertain (neither agree or disagree), (U), disagree (D), or strongly disagree (SD).

1. Husbands or wives who have sexual relations outside the marriage should get divorced.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

2. Strong legal measures should be taken against homosexual acts.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

3. Mouth-genital sex play indicates an excessive desire for physical pleasure.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

4. Premarital intercourse is morally undesirable.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

5. Masturbation is generally unhealthy.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

6. Artificial insemination with semen from anyone except the husband is immoral.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

7. Abortion is murder.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

Now here are four more statements, and we want you to tell us which are true and which are false.

1. Physical factors are more important than psychological factors in their effect on sexual adjustment in marriage.

T \_\_\_\_\_ F \_\_\_\_\_

2. Orgasms can be reached in both men and women by stimulating parts of the body other than the genitals.

T \_\_\_\_\_ F \_\_\_\_\_

3. Sexual pleasure and satisfaction do not wholly depend on having an orgasm.

T \_\_\_\_\_ F \_\_\_\_\_

4. Spinal injury does not necessarily interfere with fertility.

(in men)

(in women)

T \_\_\_\_\_ F \_\_\_\_\_

T \_\_\_\_\_ F \_\_\_\_\_

How much information have you obtained, either from talking with people or from reading or from other sources, on the effect of spinal cord injury on sex? Much \_\_\_\_\_ Some \_\_\_\_\_ Little \_\_\_\_\_ None \_\_\_\_\_

How, or from whom, did you get most of your information?

Reading \_\_\_\_\_ Films \_\_\_\_\_ Tapes \_\_\_\_\_ Physician \_\_\_\_\_

Nurse \_\_\_\_\_

Other cord injured people or their partners \_\_\_\_\_ Other (please specify)

\_\_\_\_\_

Was the information satisfying? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Was this information:

Actively pursued by you \_\_\_\_\_, your partner \_\_\_\_\_

Offered to you \_\_\_\_\_, Your partner \_\_\_\_\_

Obtained accidentally by you \_\_\_\_\_, Your partner \_\_\_\_\_

Other (please specify) \_\_\_\_\_

Did you and your partner become sexually involved before or after your injury? Before \_\_\_\_\_ After \_\_\_\_\_.

III.

Taking things all together, how would you say you are feeling these days?

Very happy \_\_\_\_\_ Pretty happy \_\_\_\_\_ Not too happy \_\_\_\_\_ Very unhappy \_\_\_\_\_.

Generally speaking are you the kind of person who worries:

A great deal \_\_\_\_\_ Somewhat \_\_\_\_\_ Very little \_\_\_\_\_ Not at all \_\_\_\_\_.

On the following page is a list of a number of feelings, and we want you to tell us if in the past month you have had such a feeling often, sometimes, rarely or never.



	Often	Sometimes	Rarely	Never
1. Feeling on top of the world.				
2. Very lonely or remote from other people.				
3. Angry at something that ordinarily wouldn't bother you.				
4. That you couldn't do something because you just couldn't get going				
5. Particularly excited or interested in something.				
6. Depressed or unhappy.				
7. Pleased about having accomplished something.				
8. Bored.				
9. Proud because someone complimented you on something you had done.				
10. Restless.				
11. That there were more things to do than you could get done.				
12. Vaguely uneasy about something without knowing why				
13. The goals you are pursuing seem meaningless.				
14. That if people really knew what you sometimes felt, you think they wouldn't like you.				
15. That you haven't been what you expected yourself to be.				
16. That people expect too much of you.				
17. That nobody can really know what anyone else thinks.				
18. That there are things about yourself that you would like to change				

Next we will list some descriptive words, and ask to what extent they are true of you.

	Very much	Pretty much	Some- what	Very little	Not at all
Aggressive					
Cool					
Dreamy					
Emotional					
Foresighted					
Impulsive					
Shrewd					
Submissive					
Tough					
Warm					

Now we have five statements and want to know if you strongly agree, agree, disagree or strongly disagree.

1. Sex is no longer important to me.

SA \_\_\_\_\_ A \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

2. My sexual activity is done chiefly for the sake of my partner.

SA \_\_\_\_\_ A \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

3. Sex is something I want to do better.

SA \_\_\_\_\_ A \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

4. Being able to function sexually even to a limited extent is important to me.

SA \_\_\_\_\_ A \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

5. Sex is one of life's greatest pleasures for me.

SA \_\_\_\_\_ A \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

IV

We are interested in finding out what things arouse you or turn you on sexually, what things have no effect on you, and what things repulse you or turn you off. Here are seven possible responses ranging from strong arousal to strong repulsion. Each response has a number to be used in answering.

1. Very repulsive and disturbing, Don't want to think about it.
2. Moderately repulsive or somewhat disturbing.
3. Slightly unpleasant to think about or see.
4. Neutral -- means nothing one way or the other.
5. Slightly exciting to think about or see.
6. Moderately exciting and pleasant.
7. Strongly exciting, causes a definite desire for sexual activity.

	Before Injury	Now
Photographs of nude girls as in <u>Playboy</u> Magazine		
Photographs of nude males		
Photographs of sexual activity		
Motion pictures of sexual activity		
Thinking of sexual activity with someone you find attractive		
Reading stories about sexual experiences		
Photographs or stories about people hurting or being hurt by other people		

What physical changes occur in you as a result of sexual arousal?

Do these things occur usually (U), sometimes (S), rarely (R), or never (N).

	U	S	R	N
More rapid heart beat				
Change in your breathing				
Warm feeling in your skin				
Perspiration				
Emptying of the bladder				
Emptying of the bowel				
Leg tremors				
Legs drawing up				
Legs straightening out				
Pain anywhere				

If it does cause pain, where is the pain? \_\_\_\_\_

What other non-genital results of sexual arousal have you noticed?

\_\_\_\_\_

\_\_\_\_\_

VI

By masturbation, we mean any sort of self-stimulation done in order to achieve sexual excitement and pleasure. How old were you when masturbation began? \_\_\_\_\_. If you have never tried, why haven't you? \_\_\_\_\_

In the last year before your injury, what was the frequency of masturbation? \_\_\_\_\_. After your injury, how long was it before masturbation was tried again? \_\_\_\_\_. After masturbation began again, what was the frequency during the first year? \_\_\_\_\_

Times per week \_\_\_\_\_ Times per month \_\_\_\_\_ times per year \_\_\_\_\_.

After your injury, did masturbation cause.

(Males) Erection? Yes \_\_\_ No \_\_\_ Don't know \_\_\_\_\_. Twitching of the penis without ejaculation? Yes \_\_\_ No \_\_\_ Don't know \_\_\_\_\_.

Ejaculation? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_.

(Females) Vaginal lubrication (wetness)? Yes \_\_\_\_\_ No \_\_\_\_\_ Don't know \_\_\_\_\_.

(Both) Sensation of orgasm? Yes \_\_\_\_\_ No \_\_\_\_\_.

Any other sensation or response? Please specify \_\_\_\_\_

Before your injury, what percentage of the time did masturbation result in orgasm? \_\_\_\_\_ percent.

Since your injury, what percentage of the time does masturbation result in orgasm? \_\_\_\_\_ percent.

Has this percentage stayed about the same? \_\_\_\_\_ Increased \_\_\_\_\_

Decreased \_\_\_\_\_ as time has passed.

Before your injury, how long a time would it take to reach an orgasm?

After your injury, how much time does masturbation take? \_\_\_\_\_

Has the amount of time tended to increase? \_\_\_\_\_ Decrease? \_\_\_\_\_

or stayed about the same? \_\_\_\_\_.

Before your injury, was there masturbation: By using just the hand \_\_\_\_\_ by lying face-down and making movements on the bed or pillow \_\_\_\_\_. (Females) by inserting some object in the vagina \_\_\_\_\_ by crossing the legs and squeezing the thighs together \_\_\_\_\_ by stimulating the breasts \_\_\_\_\_.

In any other ways? Please specify \_\_\_\_\_

Since your injury, what methods of masturbation have been tried?

What way seems to be the most effective? \_\_\_\_\_

Before your injury, was there imagining or daydreaming of sexual things during the masturbation? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_ Never \_\_\_\_\_.

Did you imagine

Having sex with men? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_ Never \_\_\_\_\_.

Having sex with women? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_ Never \_\_\_\_\_.

Other people having sex? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_ Never \_\_\_\_\_.

What other sort of things did you imagine during masturbation? \_\_\_\_\_

Since your injury, what do you imagine during masturbation?

Having sex with men? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_  
Never \_\_\_\_\_.

Having sex with women? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_  
Never \_\_\_\_\_.

Other people having sex? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_  
Never \_\_\_\_\_.

Other, please specify \_\_\_\_\_  
\_\_\_\_\_

In these imaginations, do you imagine yourself as having had your  
injury? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_ Never \_\_\_\_\_.

VII

In the year before your injury, how often did you have sleeping dreams  
about sexual things? \_\_\_\_\_

After your injury, how long was it before you started having sexual  
dreams? \_\_\_\_\_

How often do you now have sexual dreams? \_\_\_\_\_ per week \_\_\_\_\_  
per month \_\_\_\_\_ per year \_\_\_\_\_.

Have you ever had an orgasm while asleep? \_\_\_\_\_

In the year preceeding your injury, how often did you have an orgasm  
during sleep? \_\_\_\_\_ per week \_\_\_\_\_ per month \_\_\_\_\_ per  
year \_\_\_\_\_.

Since your injury, how often have you had orgasm while asleep? \_\_\_\_\_  
per week \_\_\_\_\_ per month \_\_\_\_\_ per year \_\_\_\_\_.

Before your injury did you dream of .

Having sex with men? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_ Never \_\_\_\_\_.

Having sex with women? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_  
Never \_\_\_\_\_.

Other people having sex? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_  
Never \_\_\_\_\_.

What other sorts of sexual things did you dream of? \_\_\_\_\_  
\_\_\_\_\_

Since your injury do you dream of.

Having sex with men? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_  
Never \_\_\_\_\_.

Having sex with women? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_  
Never \_\_\_\_\_.

Other people having sex? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_  
Never \_\_\_\_\_.

Since your injury, what other sexual things do you dream of? \_\_\_\_\_  
\_\_\_\_\_

In your sexual dreams since your injury, do you dream of yourself as  
having your injury? Usually \_\_\_\_\_ Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_  
Never \_\_\_\_\_ No Dreams \_\_\_\_\_.

How would you say your dreams have changed since your injury?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

VIII

By petting, we mean any sort of physical sexual stimulation between men  
and women, including the petting which occurs before or during sexual  
intercourse. How old were you when petting began? \_\_\_\_\_

In the year before your injury, how often was there petting? \_\_\_\_\_  
\_\_\_\_\_.



If you were married in the year before injury, how often was there petting? \_\_\_\_\_ in the year before you married? \_\_\_\_\_

What petting techniques were used in the year before your injury?

	Often	Sometimes	Rarely	Never
1. Kissing				
2. Deep or tongue kissing				
3. Male hands on female breast				
4. Male mouth on female breast				
5. Male hands on female genitals				
6. Female hand on penis				
7. Male mouth on female genitals				
8. Female mouth on penis				
9. Male stimulation of female anus				
10. Female stimulation of male anus				

Did any of these techniques cause you to have an orgasm? \_\_\_\_\_

Which ones? \_\_\_\_\_

In the year before your injury, with how many different people was there petting? \_\_\_\_\_.

In that last year before your injury, if there was petting that did not end in orgasm or intercourse, did it usually leave you feeling:

Pleased and calm \_\_\_\_\_, Pleased but frustrated \_\_\_\_\_,

Unhappy and frustrated \_\_\_\_\_.

What other feelings did you have? \_\_\_\_\_

After your injury how long was it before you tried petting?

Weeks \_\_\_\_\_, Months \_\_\_\_\_, Years \_\_\_\_\_ Never \_\_\_\_\_.

After your injury, how often have you petted:

While unmarried \_\_\_\_\_ While married \_\_\_\_\_

Since your injury, what petting techniques are used?

	Often	Sometimes	Rarely	Never
1. Kissing				
2. Deep or tongue kissing				
3. Male hands on female breast				
4. Male mouth on female breast				
5. Male hands on female genitals				
6. Female hand on penis				
7. Male mouth on female genitals				
8. Female mouth on penis				
9. Male stimulation of female anus				
10. Female stimulation of male anus				

What other techniques have been used since your injury? \_\_\_\_\_

Which techniques result in erection or lubrication for you? \_\_\_\_\_

Which techniques result in ejaculation or vaginal contraction for you?

Which techniques result in sensation of orgasm for you? \_\_\_\_\_

What other responses do you experience from petting? \_\_\_\_\_

With how many persons have you petted since your injury? \_\_\_\_\_

Since your injury, how often have you brought your partner to orgasm by petting? \_\_\_\_\_ percent.

Since your injury what percentage of the time of your being petted by your partner do you have the sensation of orgasm? \_\_\_\_\_ percent.

While petting your partner, do you also ever experience orgasm? \_\_\_\_\_

If so, how often? \_\_\_\_\_ percent of the time.

Has this percentage changed much, or stayed about the same? \_\_\_\_\_

If it has changed, can you tell us in what way, and for what reason?

\_\_\_\_\_  
\_\_\_\_\_

Would you like to have more petting? \_\_\_\_\_ less petting \_\_\_\_\_, about the same as you are having now \_\_\_\_\_.

IX

By sexual intercourse, we mean the insertion of the penis into the vagina or female anus. How old were you when sexual intercourse began? Age \_\_\_\_\_ Never \_\_\_\_\_. (If never, go on to section XI).

In the year before your injury, how often was there sexual intercourse?

\_\_\_\_\_  
If you were married in that year, how often in the year before you married was there sexual intercourse? \_\_\_\_\_

What positions were used in the year before your injury? \_\_\_\_\_

	Often	Sometimes	Rarely	Never
1. Male above, female on her back below				
2. Female above, male on his back below				
3. Side by side facing				
4. Sitting, facing				
5. Female with her back to the male kneeling, lying or sitting				
6. Anal intercourse				

In the year before your injury, with how many people was there intercourse? \_\_\_\_\_.

In that year, what percentage of the intercourse caused you to have an orgasm? \_\_\_\_\_ percent.

In that year, what percentage of the intercourse caused an orgasm for your partner? \_\_\_\_\_ percent. Don't know \_\_\_\_\_.

Before your injury, generally how much time would pass between the insertion of the penis and: the male orgasm \_\_\_\_\_ The female orgasm \_\_\_\_\_.

In that last year before your injury, if there was sexual intercourse which did not end in orgasm for you, did it usually leave you feeling: Pleased and calm \_\_\_\_\_, pleased but frustrated \_\_\_\_\_, unhappy and frustrated \_\_\_\_\_. What other feeling would you have? \_\_\_\_\_

After your injury, how long was it before you tried intercourse? weeks \_\_\_\_\_, months \_\_\_\_\_, years \_\_\_\_\_.

After your injury, how often have you had intercourse: While unmarried \_\_\_\_\_ per week \_\_\_\_\_ per month \_\_\_\_\_ per year \_\_\_\_\_. While married \_\_\_\_\_ per week \_\_\_\_\_ per month \_\_\_\_\_ per year \_\_\_\_\_.

Since your injury what positions have you used in intercourse?

	Often	Sometimes	Rarely	Never
1. Male above, female on her back, below				
2. Female above, male on his back, below				
3. Side by side facing				
4. Sitting, facing				
5. Female with her back to the male kneeling, lying or sitting				
6. Anal intercourse				

What other positions have you tried? \_\_\_\_\_

What positions seem best for you? \_\_\_\_\_

Please explain why. \_\_\_\_\_

Since your injury, does sexual intercourse result in erection or lubrication: Often \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_ Never \_\_\_\_ Uncertain \_\_\_\_

Is erection maintained long enough for satisfactory intercourse:

Often \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_ Never \_\_\_\_.

Have you used any device to fit over or around the penis to make it seem erect or to help get it erect? Yes \_\_\_\_ No \_\_\_\_

If yes, what kind of device? \_\_\_\_\_

How satisfactory is it? \_\_\_\_\_

Since your injury does sexual intercourse result in ejaculation or vaginal contraction? Often \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_  
Never \_\_\_\_ Don't know \_\_\_\_.

Since your injury, does sexual intercourse result in the sensation of orgasm: Often \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_ Never \_\_\_\_.

What percentage of intercourse results in orgasm for you?  
\_\_\_\_\_ percent, for your partner? \_\_\_\_\_ percent.

What other responses or sensations do you experience in sexual intercourse? \_\_\_\_\_

For males: How long does your penis stay erect after inserting it into the vagina? \_\_\_\_\_ seconds, \_\_\_\_\_ minutes.

For both: Do you generally empty your bladder before beginning petting or intercourse? \_\_\_\_\_.

Do you generally fill your bladder before beginning petting or intercourse? \_\_\_\_\_

Do you generally empty your bowel before beginning petting or intercourse? \_\_\_\_\_

What do you do about your catheter when you intend to have sex?

---

For males: Have you ever urinated into your partner's vagina? \_\_\_\_\_

Did she find this objectionable? \_\_\_\_\_

Compared to before your injury, does the entire sexual act - petting and intercourse both take more time \_\_\_\_\_ about the same \_\_\_\_\_ or less time \_\_\_\_\_.

Would you like to have intercourse: more often \_\_\_\_\_, less often \_\_\_\_\_ about the same as you are having it now \_\_\_\_\_.

X

(This should be completed by both males and females)

Before your injury, were there any pregnancies? Yes \_\_\_\_\_ No \_\_\_\_\_

No intercourse \_\_\_\_\_.

Since your injury, have there been any pregnancies? Yes \_\_\_\_\_ No \_\_\_\_\_

No intercourse \_\_\_\_\_. How many pregnancies? \_\_\_\_\_

Do you want children, or more children? Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_

Do you think your ability to produce children has been decreased by your injury? Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_.

Please explain. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If there have been pregnancies since your injury, how many have ended in: The birth of a baby \_\_\_\_\_, a miscarriage \_\_\_\_\_, an abortion \_\_\_\_\_.

Is there a pregnancy now? Yes \_\_\_\_\_ No \_\_\_\_\_.

Before your injury, did you use birth control? Yes \_\_\_\_\_ No \_\_\_\_\_

No intercourse \_\_\_\_\_.

If yes, did you use: The Pill \_\_\_\_\_, The diaphragm \_\_\_\_\_, Douches \_\_\_\_\_,

Jellies or suppositories \_\_\_\_\_, condoms (rubbers) \_\_\_\_\_, Intrauterine

devices (loops or coils) \_\_\_\_\_, Foams \_\_\_\_\_, Rhythm \_\_\_\_\_,

Withdrawal \_\_\_\_\_.

Other (please specify) \_\_\_\_\_

What was the main method you used? \_\_\_\_\_

Since your injury, have you used birth control? Yes \_\_\_\_\_ No \_\_\_\_\_

No intercourse \_\_\_\_\_.

If yes, what kinds? \_\_\_\_\_

What was the main method used? \_\_\_\_\_

For females: Since your injury, has your menstruation changed in any way (other than by surgery or menopause)? Yes \_\_\_\_\_ No \_\_\_\_\_.

If yes, in what way \_\_\_\_\_

Have you tried artificial insemination? Yes \_\_\_\_\_ No \_\_\_\_\_.

If yes, were the sperm from the injured male partner? Yes \_\_\_\_\_ No \_\_\_\_\_

How were they obtained? \_\_\_\_\_

Was a pregnancy produced? Yes \_\_\_\_\_ No \_\_\_\_\_

Was a child born? Yes \_\_\_\_\_ No \_\_\_\_\_

Have you considered (but not tried) artificial insemination? Yes \_\_\_\_\_

No \_\_\_\_\_

Has a vasectomy (tying of the spermatic cords to produce non-fertility in the male) been performed on you or your partner? Yes \_\_\_ No \_\_\_

If yes, what was the reason? \_\_\_\_\_

XI

A significant number of people have had some sexual activity with persons of the same sex, so it is worth our inquiring about such homosexual experience. We are not interested in childhood sex play.

How old were you when there was sex with someone of your own sex \_\_\_\_\_

Never \_\_\_\_\_.

In the year before your injury, how often was there sex with someone of your own sex? \_\_\_\_\_

If you were married during that year, how often in the year before you married was there sex with another person of your own sex? \_\_\_\_\_

What sexual techniques were used? Was there:

	Often	Sometimes	Rarely	Never
1. Kissing				
2. Deep or tongue kissing				
3. Partner's hand on your breast				
4. Your hand on partner's breast				
5. Partner's mouth on your breast				
6. Your mouth on partner's breast				
7. Partner's hand on your sex organs				
8. Your hand on partner's sex organs				
9. Partner's mouth on your sex organs				



	Often	Sometimes	Rarely	Never
10. Your mouth on partner's sex organs				
11. (Males) Partner's penis in your anus				
12. Your penis in partner's anus				

What other techniques were used? \_\_\_\_\_

Which of the techniques would result in orgasm for you? \_\_\_\_\_

Before your injury, what percentage of the time would you reach orgasm with someone of your own sex? \_\_\_\_\_ percent.

What percentage of the time would your partner reach orgasm? \_\_\_\_\_ percent. Don't know \_\_\_\_\_.

On the average, how long would it take you to reach orgasm? \_\_\_\_\_

With how many persons of your own sex have you had intercourse? \_\_\_\_\_

With how many before your injury? \_\_\_\_\_

In that last year before your injury, if there was sexual activity with someone of your own sex which did not result in orgasm for you did it usually leave you feeling: Pleased and calm \_\_\_\_\_ Pleased but frustrated \_\_\_\_\_ Unhappy and frustrated \_\_\_\_\_.

What other feelings would you have? \_\_\_\_\_

After your injury how long was it before you tried sex with someone of your own sex? \_\_\_\_\_

After your injury, how frequently have you had sex with someone of your own sex? \_\_\_\_\_

What techniques have been used since your injury?

	Often	Sometimes	Rarely	Never
1. Kissing				
2. Deep or tongue kissing				
3. Partner's hand on your breast				
4. Your hand on partner's breast				
5. Partner's mouth on your breast				
6. Your mouth on partner's breast				
7. Partner's hand on your sex organs				
8. Your hand on partner's sex organs				
9. Partner's mouth on your sex organs				
10. Your mouth on partner's sex organs				
11. (Males) Partner's penis in your anus				
12. Your penis is partner's anus				

What other techniques were used? \_\_\_\_\_

Since your injury, which techniques would cause erection or lubrication?

Which would cause ejaculation or vaginal contraction? \_\_\_\_\_

Which would cause you to have the sensation of orgasm? \_\_\_\_\_

If you have had the sensation of orgasm since your injury with a person of your own sex, what percentage of the time have you had it \_\_\_\_\_ percent. Your partner? \_\_\_\_\_ percent. Don't know \_\_\_\_\_.

What other responses or sensations have you had? \_\_\_\_\_

Compared to before your injury, does your sex with someone of your own sex take more time \_\_\_\_\_ about the same \_\_\_\_\_ less time \_\_\_\_\_.

For males: How long does your penis stay continuously erect? \_\_\_\_\_  
Don't know \_\_\_\_\_.

XII

Have your partners been: Other spinal cord injured \_\_\_\_\_ Other non-SCI handicapped \_\_\_\_\_ Able-bodied \_\_\_\_\_ Combination \_\_\_\_\_  
(please specify) \_\_\_\_\_

XIII

What do you think are the main problems your injury has caused in terms of how you and your sexual partner (s) get along? \_\_\_\_\_

If there has been rejection of any kind, what do you think are the reasons? (for example, loss of interest, fear of injuring you, lack of communication, pressure sores, others) \_\_\_\_\_

How have you tried to solve these problems? \_\_\_\_\_

In addition to the many things you have told us, is there anything else that you have learned through your own experience that might be helpful in the sexual adjustment of other people with spinal cord injuries? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Number [REDACTED]

Partner's Number \_\_\_\_\_

Questions for Able Bodied Partners of Spinal Cord Injured  
(Or those with non-spinal cord injured disability)

All information supplied by you on this form will be held strictly confidential, and used only for a statistical study. Our aim is to act as a clearing house for information for which many of you have expressed a need, as have physicians and other professionals to whom you have applied for help and advice. It is an opportunity for you to assist spinal cord injured individuals, their friends and families and those who counsel with them, by letting them know your feelings and how you have dealt and are dealing with you own sexuality. The results will be especially helpful to newly injured people and their partners, but also of benefit even to those injured long ago. There are separate forms for the spinal cord injured and their non- spinal cord injured ( though not necessarily able bodied) partners. These should be filled out separately and confidentially.

We greatly appreciate your participation, pledge to you that the results will be made available to you just as soon as we can do so. Please return this form to Dr. Lois C. Perkins, Department of Anatomy, Indiana University Medical Center, Indianapolis, Indiana 46202.

Number 47-

Partner's Number \_\_\_\_\_

I.

Please make a note of the number at the top of this page, and keep it to be used as the only needed identification on a tape, should you wish to participate in a taping session later. If your partner is also replying, please add his or her number in the space provided.

Date \_\_\_\_\_

Age \_\_\_\_\_

Sex: Male \_\_\_ Female \_\_\_

Are you disabled? Yes \_\_\_ No \_\_\_. If yes please describe \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What is your religion? \_\_\_\_\_

Would you say that you are:

Very religious \_\_\_\_\_

Moderately religious \_\_\_\_\_

Slightly religious \_\_\_\_\_

Not religious \_\_\_\_\_

How far did you go in school? \_\_\_\_\_

Have you had additional vocational training? Yes \_\_\_ No \_\_\_

If yes, what sort? \_\_\_\_\_

\_\_\_\_\_

What is your main job or occupation \_\_\_\_\_

\_\_\_\_\_

If this has changed because of your partner's injury what was it before the injury \_\_\_\_\_

\_\_\_\_\_

Are you now in school? Yes \_\_\_ No \_\_\_

If yes, what kind? High School \_\_\_ College \_\_\_ Vocational \_\_\_ Other \_\_\_

What is your scholastic goal \_\_\_\_\_

In terms of money, would you say you are:

In financial trouble \_\_\_

Just making ends meet \_\_\_

Making ends meet with a little left over \_\_\_

Meeting all your needs and saving some, too \_\_\_

Again in terms of money, are you:

Worse off than before your partner's injury \_\_\_

Better off now \_\_\_

About the same \_\_\_

Is it necessary to assist your partner with:

Bowel care? Yes \_\_\_ No \_\_\_

Catheter? Yes \_\_\_ No \_\_\_

Bathing? Yes \_\_\_ No \_\_\_

Dressing? Yes \_\_\_ No \_\_\_

Eating? Yes \_\_\_ No \_\_\_

Transferring to and from wheelchair? Yes \_\_\_ No \_\_\_

Do any of these things upset or bother you? Yes \_\_\_ No \_\_\_ . If yes

please specify \_\_\_\_\_

At present are you: Married \_\_\_ Widowed \_\_\_ Separated \_\_\_ Divor-

ced \_\_\_ Single \_\_\_ . If ever married, how many times? \_\_\_ How old were

you when you first married? \_\_\_ . How old were you the last time you

married? \_\_\_ . If presently unmarried, would you like to get married?

Yes \_\_\_ No \_\_\_ Uncertain \_\_\_ , Has there been a change in you marital

status since your partner's injury? Yes \_\_\_ No \_\_\_ If yes, please specify

\_\_\_\_\_  
\_\_\_\_\_

Do you feel this change was directly related to the injury? Yes \_\_\_\_\_

No \_\_\_\_\_ Uncertain \_\_\_\_\_ If yes, please explain \_\_\_\_\_

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II.

For the following statements, we want you to tell us if you strongly agree (SA), agree(A), are uncertain (neither agree nor disagree) (U), disagree (D), or strongly disagree (SD)

1. Husbands and wives who have sexual relations outside the marriage should get divorced.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

2. Strong legal measures should be taken against homosexual acts.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

3. Mouth-genital sex play indicates an excessive desire for physical pleasure.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

4. Premarital intercourse is morally undesirable.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

5. Masturbation is generally unhealthy.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

6. Artificial insemination with semen from anyone except the husband is immoral.

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

7. Abortion is murder

SA \_\_\_\_\_ A \_\_\_\_\_ U \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

Now here are four more statements, and we want you to tell us which are true and which are false.

1. Physical factors are more important than psychological factors in their effect on sexual adjustment in marriage.

T \_\_\_\_\_ F \_\_\_\_\_



2. Orgasm can be reached in both men and women by stimulating parts of the body other than the genitals.

T \_\_\_ F \_\_\_

3. Sexual pleasure and satisfaction do not wholly depend on having an orgasm.

T \_\_\_ F \_\_\_

4. Spinal injury does not necessarily interfere with fertility.

(In men) T \_\_\_ F \_\_\_

(In women) T \_\_\_ F \_\_\_

How much information have you obtained from talking with people or from reading or other sources on the effects of spinal cord injury on sex?

Much \_\_\_ Some \_\_\_ Little \_\_\_ None \_\_\_ . How, or from whom, did you get

most of your information? Reading \_\_\_ Films \_\_\_ Tapes \_\_\_ Physician \_\_\_

Nurse \_\_\_ Cord injured people or their partners \_\_\_ Other (please specify)

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Was this information:

Actively pursued by you \_\_\_ Your partner \_\_\_

Offered to you \_\_\_ Your partner \_\_\_

Obtained accidentally by you \_\_\_ Your partner \_\_\_

Other (please specify) \_\_\_\_\_

Taking all things together, how would you say you are feeling these days?

Very happy \_\_\_ Pretty happy \_\_\_ Not too happy \_\_\_ Very unhappy \_\_\_

Generally speaking are you the kind of person who worries:

A great deal \_\_\_ Somewhat \_\_\_ Very little \_\_\_ Not at all \_\_\_

III.

Here is a list of a number of feelings, and we want you to tell us if in the past month you have had such a feeling often, sometimes, rarely or never.

	Often	Sometimes	Rarely	Never
1. Feeling on top of the world				
2. Very lonely or remote from other people				
3. Angry at something that ordinarily wouldn't bother you				
4. That you couldn't do something because you just couldn't get going				
5. Particularly excited or interested in something				
6. Depressed or unhappy				
7. Pleased about having accomplished something				
8. Bored				
9. Proud because someone complimented you on something you had done				
10. Restless				
11. That there were more things to do than you could get done				
12. Vaguely uneasy about something without knowing why				
13. The goals you are pursuing seem meaningless				
14. That if people really knew what you sometimes felt, you think they wouldn't like you				
15. That you haven't been what you expected yourself to be.				

	Often	Sometimes	Rarely	Never
16. That people expect too much of you				
17. That nobody can really know what anyone else thinks				
18. That there are things about yourself that you would like to change				

Next we will list some descriptive words, and ask to what extent they are true of you.

	Very Much	Pretty Much	Some-what	Very Little	Not at all
Agressive					
Cool					
Dreamy					
Emotional					
Foresighted					
Impulsive					
Shrewd					
Submissive					
Tough					
Warm					

Now we have five statements and want to know if you strongly agree, agree, disagree, or strongly disagree..

1. Sex is no longer important to me.

SA \_\_\_\_\_ A \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

2. My sexual activity is done chiefly for the sake of my partner.

SA \_\_\_\_\_ A \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

3. Sex is something I want to do better

SA \_\_\_\_\_ A \_\_\_\_\_ D \_\_\_\_\_ SD \_\_\_\_\_

4. Being able to function sexually even to a limited extent is important to me.

SA \_\_\_ A \_\_\_ D \_\_\_ SD \_\_\_

5. Sex is one of life's greatest pleasures for me.

SA \_\_\_ A \_\_\_ D \_\_\_ SD \_\_\_

We are interested in finding out what things arouse you or turn you on sexually, what things have no effect on you, and what things repulse you or turn you off. Here are seven possible responses ranging from strong arousal to strong repulsion. Each response has a number to be used in answering.

1. Very repulsive and disturbing, Don't want to think about it.
2. Moderately repulsive or somewhat disturbing.
3. Slightly unpleasant to think about or see.
4. Neutral - means nothing one way or the other.
5. Slightly exciting to think about or see.
6. Moderately exciting and pleasant.
7. Strongly exciting. Causes a definite desire for sexual activity.

	Number
Photographs of nude girls as in <u>Playboy</u> Magazine	
Photographs of nude males	
Photographs of sexual activity	
Motion pictures of sexual activity	
Thinking of sexual activity with someone you find attractive	
Reading stories about sexual experiences	
Photographs or stories about people hurting or being hurt by other people	

What physical changes occur in you as a result of sexual arousal? Do these things occur usually (U), Sometimes (S), rarely (R) or never (N)

	U	S	R	N
More rapid heart beat				
Change in your breathing				
Warm feeling in your skin				
Perspiration				
Pain anywhere				

If it does cause pain where is the pain? \_\_\_\_\_

VI.

By masturbation, we mean any sort of self stimulation done in order to achieve sexual excitement and pleasure. How old were you when masturbation began? \_\_\_\_\_. If you have never masturbated, why haven't you? \_\_\_\_\_

In the last year what has been the frequency of masturbation? \_\_\_\_\_

Does masturbation cause:

(males) Erection? Yes \_\_\_ No \_\_\_. Twitching of the penis without ejaculation? Yes \_\_\_ No \_\_\_. Ejaculation? Yes \_\_\_ No \_\_\_

(Females) Vaginal lubrication (wetness)? Yes \_\_\_ No \_\_\_. Vaginal contractions? Yes \_\_\_ No \_\_\_ (Both) Sensation of orgasm Yes \_\_\_ No \_\_\_. Any other sensation or response? Please specify \_\_\_\_\_

What percentage of time does masturbation result in orgasm? \_\_\_\_\_ %.

How long does it take to reach orgasm? \_\_\_\_\_ Seconds \_\_\_\_\_ Minutes.

Do you: Use just the hands \_\_\_\_\_. Lie face down and make movements on the bed or pillow \_\_\_\_\_. (females) Insert some object in the vagina? \_\_\_\_\_ .

Cross your legs and squeeze your thighs together? \_\_\_\_ . Stimulate your breast? \_\_\_\_ Any other way? Please specify \_\_\_\_\_

What way seems to be the most effective? \_\_\_\_\_

Is there imagining or daydreaming of sexual things during masturbation?

Usually \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_ Never \_\_\_\_ . Do you imagine: Having sex

with men? Usually \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_ Never \_\_\_\_ . Having sex with

women? Usually \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_ Never \_\_\_\_ . Other people having

sex? Usually \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_ Never \_\_\_\_ . What other sort of things

do you imagine during masturbation? \_\_\_\_\_

VII.

In the past year, how often have you had (sleep) dreams about sexual things?

\_\_\_\_\_. Have you ever had an orgasm while asleep? \_\_\_\_\_ . How

often? \_\_\_\_\_ per week \_\_\_\_\_ per month \_\_\_\_\_ per year

Do you dream of:

Having sex with men? Usually \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_ Never \_\_\_\_

Having sex with women? Usually \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_ Never \_\_\_\_

Other people having sex? Usually \_\_\_\_ Sometimes \_\_\_\_ Rarely \_\_\_\_ Never \_\_\_\_

What other sexual things do you dream of? \_\_\_\_\_

VIII.

By petting, we mean any sort of physical sexual stimulation between men

and women, including the petting which occurs before and during sexual

intercourse. How old were you when petting began? \_\_\_\_ . How often \_\_\_\_\_

in the past year has there been petting? \_\_\_\_\_ per week \_\_\_\_\_ per month \_\_\_\_\_ per year. How often in the year before your marriage was there petting? \_\_\_\_\_ per week \_\_\_\_\_ per month \_\_\_\_\_ per year. If you were married at the time of your partner's injury, how often in the year before the injury was there petting? \_\_\_\_\_. How often since the injury? \_\_\_\_\_. What petting techniques were used in the year before you became the partner of a cord injured person? (Before your marriage or if married at the time, before the injury)

	Often	Sometimes	Rarely	Never
1. Kissing				
2. Deep or tongue kissing				
3. Male hands on female breast				
4. Male mouth on female breast				
5. Male hands on female genitals				
6. Female hands on penis				
7. Male mouth on female genitals				
8. Female mouth on penis				
9. Male stimulation of female anus				
10. Female stimulation of male anus				

Did any of these techniques cause you to have orgasm \_\_\_\_\_ Which ones \_\_\_\_\_

During that year, with how many people was there petting? \_\_\_\_\_. In that year, if there was petting that did not end in orgasm or intercourse, did it usually leave you feeling: Pleased and calm \_\_\_\_, Pleased but frustrated \_\_\_\_, Unhappy and frustrated \_\_\_\_. What other feelings would you have?

After you became the partner of a cord-injured person, how long was it before you tried petting? \_\_\_ Weeks, \_\_\_ Months, \_\_\_ Years \_\_\_ Never.

Since that time, how often have you petted: While unmarried \_\_\_\_, While married \_\_\_\_. Since that time what petting techniques are used?

	Often	Sometimes	Rarely	Never
1. Kissing				
2. Deep or tongue kissing				
3. Male hands on female breast				
4. Male mouth on female breast				
5. Male hands on female genitals				
6. Female hand on penis				
7. Male mouth on female genitals				
8. Female mouth on penis				
9. Male stimulation of female anus				
10. Male stimulation of female anus				

What other techniques have you used?

What techniques result in erection or lubrication for you?

What techniques result in ejaculation or vaginal contraction for you?

What techniques result in sensation of orgasm for you?

What other responses do you experience from petting?

Since the injury, have you brought your partner to orgasm by petting \_\_\_\_\_.

If so, how often \_\_\_ % of the time.. In what percentage of being petted do you have the sensation of orgasm? \_\_\_ %.



During your petting of your partner, do you also experience an orgasm?

How often? \_\_\_\_\_ % .

Has this percentage changed much, or stayed about the same? \_\_\_\_\_

If it has changed, can you tell us in what way, and for what reasons?

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Would you like to have: More petting \_\_\_ Less petting \_\_\_, about the same as you are having now \_\_\_\_\_.

IX.

By sexual intercourse, we mean the insertion of the penis into the vagina or female anus.

How old were you when sexual intercourse began? \_\_\_\_\_ Age \_\_\_\_\_ Never (If never go on to section XI).

How often in the past year has there been sexual intercourse?

\_\_\_\_\_ Per week \_\_\_\_\_ Per month \_\_\_\_\_ Per year.

How often in the year before you marriage was there sexual intercourse?

\_\_\_\_\_ Per week \_\_\_\_\_ Per month \_\_\_\_\_ Per year.

If you were married at the time of your partner's injury, how often in the year before the injury was there sexual intercourse? \_\_\_\_\_

How often since the injury? \_\_\_\_\_ What positions were used in the year before you became the partner of a spinal cord injured person? (Before your marriage, or if married at the time, before the injury).

	Often	Sometimes	Rarely	Never
1. Male above, female on her back below				
2. Female above, male on his back below				
3. Side by side facing				
4. Sitting, facing				
5. Female with her back to the male kneeling, lying or sitting				
6. Anal intercourse				

During that year, with how many people was there intercourse? \_\_\_\_\_

In that year, what percentage of the intercourse caused you to have an orgasm? \_\_\_\_%. In that year, what percentage of the intercourse caused an orgasm for your partner? \_\_\_\_% Don't know \_\_\_\_.

In that year, generally how much time would pass between the insertion of the penis and the male orgasm? \_\_\_\_\_ The female orgasm \_\_\_\_.

If there was intercourse that did not end in orgasm for you, did it usually leave you feeling: Pleased and calm \_\_\_\_, Pleased but frustrated \_\_\_\_, Unhappy and frustrated \_\_\_\_, What other feelings would you have? \_\_\_\_\_

After you became the partner of a cord-injured person, how long was it before you tried intercourse? \_\_\_\_.

Since then, how often have you had intercourse: While married \_\_\_\_\_, While unmarried \_\_\_\_\_.

Since then what positions have you used in intercourse? \_\_\_\_\_

Often Sometimes Rarely Never

1. Male above, female on her back below

2. Female above, male on his back below

3. Side by side, facing

4. Female with her back to the male

5. Sitting, facing

6. Anal intercourse

What other positions have you tried?

What positions seem best for you?

Please explain why:

Does intercourse result in erection or lubrication for you? Often \_\_\_\_\_  
Sometimes \_\_\_\_\_ Rarely \_\_\_\_\_ Never \_\_\_\_\_. Does intercourse result in ejac-  
ulation or vaginal contractions for you? Often \_\_\_ Sometimes \_\_\_ Rarely \_\_\_  
Never \_\_\_? Does sexual intercourse result in the sensation of orgasm for  
you? Often -- Sometimes \_\_\_ Rarely \_\_\_ Never \_\_\_\_\_. What percentage of inter-  
course results in orgasm for you? \_\_\_% . for your partner? \_\_\_%. What  
other responses or sensations do you experience in sexual intercourse?

For females: Has your partner ever urinated into your vagina? \_\_\_\_\_.  
Did you find this objectional? \_\_\_\_\_. Would you like to have inter-  
course more often \_\_\_\_\_ Less often \_\_\_\_\_ About the same as you are having  
it now \_\_\_\_\_.

X.

(This section to be completed by both males and females)

Before your partner's injury, were there any pregnancies? Yes \_\_\_ No \_\_\_  
No intercourse \_\_\_. Since the injury, have there been any pregnancies?  
Yes \_\_\_ How many \_\_\_ No \_\_\_ No intercourse \_\_\_. Do you want children, or  
more children? Yes \_\_\_ No \_\_\_ Uncertain \_\_\_. Do you think your partner's  
ability to produce children has been decreased by the injury, Yes \_\_\_  
no \_\_\_ Uncertain \_\_\_. Please explain:

Before the injury, did you use birth control? Yes \_\_\_ No \_\_\_ No inter-  
course \_\_\_. If yes, did you use: The Pill \_\_\_, The Diaphragm \_\_\_, Douches \_\_\_,  
Jellies or suppositories \_\_\_, Condoms (rubbers) \_\_\_, intrauter-  
ine devices (loops or coils), foams, \_\_\_, Rhythm \_\_\_ Withdrawal \_\_\_  
Other \_\_\_ (please specify) \_\_\_\_\_

What was the main method you used? \_\_\_\_\_

Since the injury, have you used birth control Yes \_\_\_ No \_\_\_ No intercourse \_\_\_

If yes, what kinds? \_\_\_\_\_

What was the main method used? \_\_\_\_\_

Have you tried artificial insemination? Yes \_\_\_ No \_\_\_

If yes, were the sperm from the injured male partner? Yes \_\_\_ No \_\_\_

How were they obtained \_\_\_\_\_

Was a pregnancy produced? Yes \_\_\_ No \_\_\_. Was a child born? Yes \_\_\_ No \_\_\_

Have you considered (but not tried) artificial insemination? Yes \_\_\_ No \_\_\_

Has a vasectomy (tying of the spermatic cords to produce non-fertility

in the male) been performed on you or your partner? Yes \_\_\_ No \_\_\_. If yes, what was the reason? \_\_\_\_\_

-XI-

A significant number of people have had some sexual activity with persons of the same sex, so it is worth our inquiring about such homosexual experience. We are not interested in childhood sex play, but only what happened later when you were an adolescent or adult. How old were you when there was sex with someone of your own sex? \_\_\_\_\_, Never \_\_\_\_\_. (If never, go on to section XII.) In the year before you were married, how often was there sex with another person of your own sex? \_\_\_\_\_. How often since marriage:

While partner able bodied \_\_\_\_\_ While partner handicapped \_\_\_\_\_

What sexual techniques were used: Was there:

	Often	Sometimes	Rarely	Never
1. Kissing				
2. Deep or tongue kissing				
3. Partner's hand on your breast				
4. Your hand on partner's breast				
5. Partner's mouth on your breast				
6. Your mouth on partner's breast				
7. Partner's hand on your sex organs				
8. Your hand on partner's sex organs				
9. Partner's mouth on your sex organs				
10. Your mouth on partner's sex organs				

	Often	Sometimes	Rarely	Never
11. (Males) Partner's penis in your anus				
12. Your penis in partner's anus				

What other techniques were used?

Which techniques have caused erection or lubrication for you \_\_\_\_\_

For your partner? \_\_\_\_\_

Which have caused ejaculation or vaginal contractions for you? \_\_\_\_\_

For your partner? \_\_\_\_\_

Which have caused the sensation of orgasm for your partner? \_\_\_\_\_

Which of the techniques would result in orgasm for you \_\_\_\_\_

What percentage of the time have you reached orgasm in sex with someone of your own sex \_\_\_\_%. What percentage of the time would your partner reach orgasm \_\_\_\_% Don't know \_\_\_\_\_.

On the average , how long would it take you to reach orgasm? \_\_\_\_\_

With how many persons of your own sex have you had intercourse? \_\_\_\_\_

If there has been sexual activity with someone of your own sex which did not result in orgasm for you, did it usually leave you feeling: Pleased and calm \_\_\_, Pleased but frustrated \_\_\_, Unhappy and frustrated \_\_\_ What other feelings would you have? \_\_\_\_\_

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What do you think are the main problems your partner's injury has caused in terms of how to get along sexually? (For example, loss of sensation, spasms, pressure sores, pain, lack of communication, etc.)

How have you tried to solve these problems?

In addition to the many things you have told us, is there anything else that you have learned through your experience that might be helpful in the sexual adjustment of other couples where spinal cord injury is involved?